I believe words are the most powerful things in human societies. Anything, and anyone, can be built or destroyed with words. This tenet is the foundation of my work in poetry, in art, and as a curator.

Through my daily practice I identify barriers to living out loud with an open heart. My artworks are emblems of my commitment to engage the breadth of my own and others' humanity.

I am in love with the physical manifestation of things—their color, smell, texture, size the entire visceral world. More than anything, I've come to see the universe as a place constantly in motion so that there is no fixed truth, no absolute, immutable reality. My worldview is infinitely flexible, dedicated to probing what is before me precisely because it is so fleeting.

The heart of my practice is working beyond fear; more specifically, living outside the fear–state that is the centrifugal force of much of American culture. This state is induced by the proliferation of violent public images and language, narrowly defined scripts for relationship, silences around racial and gender aggression, and a stunning disrespect for the natural world.

My mission as an artist is to tell the sometimes brutal truth about what I see around me, and to honor and celebrate my own and others' ability to thrive, sometimes in the face of seemingly insurmountable obstacles.

I commit to one creative act every day, and have devoted my life to remaining rapturously curious. I am a ferocious champion of every human being's right to celebrate their life as a singular miracle.